Lummi Diet Survey 2011

Informed Consent Form

The Lummi Natural Resources Department asks you to take part in research about the eating habits of the members of the Lummi Nation. We will ask you what kinds of seafood and how much seafood you ate in 1985.

We will use the results of the study to help protecting the Lummi fisheries and Lummi resources. The results of the study will support new water quality standards for Lummi and for Washington State because toxic substances can be concentrated in seafood. The water quality standards will limit how much toxic substances can be in the waters of the Reservation and beyond.

We will ask 150 randomly selected fishermen in your age group to be interviewed. A trained interviewer will ask you questions and will record your answers.

Your answers will be private and your name will not be used in any reports. None of your answers will be able to be tracked back to you. A final report about the diet survey will be made to the Lummi Indian Business Council and the general public without publishing individual answers.

We know of no risks to you in taking part besides a loss in confidentiality and we are taking all necessary precautions to prevent this: This consent form will be kept apart from the questionnaires in a locked cabinet, so that nobody but the project manager can match your answers with your name for the time of the study. The form will be destroyed afterwards. Confidential computer files will be password protected.

Taking part is voluntary.

I understand that I can stop the interview at any time. There are no penalties for deciding not to be interviewed and there are no penalties for stopping the interview. You will not loose any services by the tribe if you do not wish to be interviewed.

The interview will take about 2 hours. You will receive a \$25 honorarium if you complete the interview.

If you have **questions** about the survey, you can contact:

Merle Jefferson, Sr.
Executive Director
Leroy Deardorff
Environmental Director
Jeremy Freimund, P.H.
Water Resources Manager
Lummi Natural Resources Department
2616 Kwina Road
Bellingham, WA 98226

Phone: 360 384 2212 Email: jeremyF@lummi-nsn.gov If you have a **complaint or other concern** you can also contact:

David OreiroChair
Institutional Review Board

Northwest Indian College 2522 Kwina Road Bellingham, WA 98226 (360) 392-4249 doreiro@nwic.edu

I have read this consent from. I have had a chance to ask questions. I understand the survey and I agree to be interviewed.

Signature of Participant	Date	Witness Signature	Date	
Sign after interview: I was interv	iewed on:			
		_		
Signature of Participant	Date			

INTERVIEW LOG

Name of Participant	Interviewer Name:		
Date contacted to make appoint Enter month/day/year and time of day. Result: NR= No Response LM=Left Mo	Allow up to eight attempts to con	ntact for an appointment. ring machine) C=Completed Call	
1 Date/Time	5 Date/Time 6 Date/Time 7 Date/Time 8 Date/Time	Result Result Result Result	
Result of completed call Mark one			
We made an appointment for an interview	N.		
The respondent refused to participate. Re	eason:		
Interview Date/Time/Location			
Circle the location, enter the date and	time. Record changes if application	ble.	
Original Date and Location set:	Changed to:	Changed to:	
Respondent's Home LNR Other:	Respondent's Home LNR Other:	Respondent's Home LNR Other:	
(month/day/year/time)	(month/day/year/time)	(month/day/year/time)	
Meeting Location Address:	Milage: From:		
	То:		
	То:		
Interview			
Time Interview started:	_ Time Interview ended:		
Appointment Result			
Circle one			
Completed Interview. Did not show. Need to reschedule.			
Moved within survey area; need to resche	adula		
Moved out of the survey area or no currer			
Refusal to participate at the beginning of the			
Interview not completed. Reason:	the interview. Nedecti.	Rescheduled? Yes No	

1985

Month	World Events	Local
January	Ronald Regan takes oath for a second term of office. San Francisco wins the Super Bowl over Miami (38-16).	Public Hearings about the development at Semiahmoo.
February	Grammy Song of the Year: "What's love got to do with it" by Tina Turner	Larry Kinley elected as new LIBC chairman.
March	Soviet leader Chernenko dies and is replaced by Mikhail Gorbachev who starts to introduce democracy in Russia.	Because of poaching problems, Lummi crab fishers decided to issue fishing IDs and mark crab pots.
April		Tribal Employment Rights Office (TERO) started.
Мау	First bombing by the Una Bomber.	
June	TWA Flight 847 is hijacked by Hezbollah on June 14. LA Lakers defeat Boston Celtics 4-2 in the NBA Championship.	The Northwest Indian College (NWIC) held its first commencement ceremony with the first graduates.
July	"Back to the Future" opens in theaters. Live Aid pop concerts raise money for the famine in Ethiopia.	
August		
September	The wreck of the RMS Titanic is found.	
October	PLO terrorists hijack the Achille Lauro, an Italian cruise ship with 80 passengers. Kansas City wins the World Series: Kansas City 4—St. Louis Cardinals 3.	
November	Terrorists seize Egyptian airliner after take- off from Athens. 53 dead as Egyptian forces storm the plane on Malta.	Isadore Tom became Washington Outstanding Elder of the Year.
December		

What were your personal cornerstones for the year 1985?

(The sheet will stay with the respondent.)

How old were you in 1985?

Were did you live?

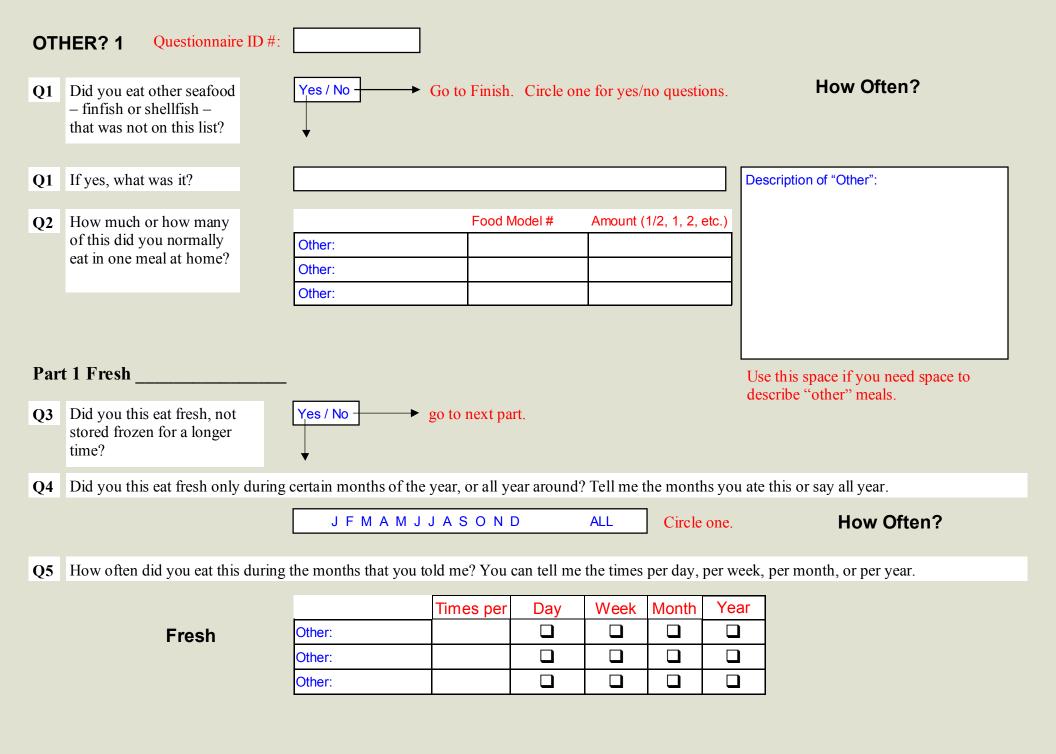
Were you married?

Did you have children? How old were they?

Were did you work that year?

Did you have a car? What make was it?

Did you have a boat?



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OTHER 2 Questionnaire ID #:

Part 2 Frozen _____ Circle one for yes/no questions.

Q6 Did you eat this after it was stored frozen before cooking?



How Often?

Q7 Did you eat this frozen only during certain months of the year, or all year around? Tell me the months you ate this or say all year.

J F M A M J J A S O N

ALL

Circle one.

How often did you eat this during the months that you told me? You can tell me the times per day, per week, per month, or per year.

Frozen

	Times per	Day	Week	Month	Year
Other:					
Other:					
Other:					

Lummi Diet Study 2011

Questionnaire ID #: OTHER 3 Circle one for yes/no questions. Part 3 Smoked _____ **How Often?** Did you eat this smoked? → go to next part. **Q9** Yes / No Did you eat this smoked only during certain months of the year, or all year around? Tell me the months you ate this or say all year. Q1 $\mathsf{J} \mathsf{F} \mathsf{M} \mathsf{A} \mathsf{M} \mathsf{J} \mathsf{J} \mathsf{A} \mathsf{S} \mathsf{O} \mathsf{N} \mathsf{D}$ Circle one. ALL How often did you eat this during the months that you told me? You can tell me the times per day, per week, per month, or per year. Q1 **Smoked**

	Times per	Day	Week	Month	Year
Other:					
Other:					
Other:					

OTHER 4

Questionnaire ID #:

Part 4 Canned

Circle one for yes/no questions.

Did you eat this canned?



How Often?

Did you eat this canned only during certain months of the year, or all year around? Tell me the months you ate this or say all year.

J F M A M J J A S O N D

ALL

Circle one.

How often did you eat this during the months that you told me? You can tell me the times per day, per week, per month, or per year.

Canned

	Times per	Day	Week	Month	Year
Other:					
Other:					
Other:					

Part 5 More?

Are there any more seafood – finfish or shellfish—that were not on this list?



There are more sheets like this loose in your package. Fill out as many as you need!!!

Questionnaire ID #: Write the species in here: FROZEN / SMOKED/ CANNED/ OTHER circle one explain other: Did you this eat this frozen/ smoked/ canned only during certain months of the year, or all year around? 01 Tell me the months you ate this or say all year. J F M A M J J A S O N D ALL circle one How often did you eat this during the months that you told me? You can tell me the times per day, per week, per month, or per year. Week Month Times per Year Day Write the meal in here: (meat, whole fish, fritter, etc.?)

Extra FROZEN/SMOKED/CANNED/OTHER Sheet